

EATING AT THE RESTAURANT

This book's pointers

For a family to go out to have a meal in a restaurant should be a really enjoyable time for both parents and child.

But when our child makes a scene in a public place and disturbs other people, we tend to scold them with raised voice, don't we?

This story shows that by teaching the child the appropriate behavior, quietly reinforcing this behavior, and giving praise when the child does the right thing, the child can develop the confidence to make the right choice.

Won't it be great to increase the enjoyable times the child and parent can have together!



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Fuk-kun is a very energetic boy. When he leaves the house he gets very excited, which causes problems for others.

Today, since Fuk-kun made such an effort to do well at the kindergarten's Sports Day, his parents decided that the three of them should go out to a restaurant for dinner. Fuk-kun is so excited.

Fuk-kun's father says to him, "Can you promise that you will sit still in your chair and behave properly? If you stand up, or make a scene, we will have to leave."

Fuk-kun promises. "OK. I will behave." He says.

Before entering, with Fuk-kun's full attention, a promise has been made in the appropriate manner.

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When they are seated at their table the parents order Fuk-kun's favorite hamburger. "You ran really well today!" his parents proudly praise him. He is quite pleased with himself.

It is taking a while for the hamburger to arrive. Fuk-kun's father and mother are chatting, but it is too difficult for him to understand their conversation, so he has no choice but to look at a book.

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But the hamburger has still not arrived!

Fuk-kun is so bored.

He has finished looking at all the books, so now he is being noisy with the books, and his feet.

His father comes over to him and says, "Fuk-kun, do you remember the promise you made today?"

"Yes..." Fuk-kun mumbles.

Finally he stands up and leaves for the corner where the toys are sold.

Fuk-kun's father is reminding him of his promise.

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But there are so many great toys there, he cannot resist touching them.

Fuk-kun grabs his favorite plane toy and starts to run with it.

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At that point his father sits down in front of him, looks him in the eye, and says. "Fuk-kun that belongs to the shop, so take it back to where it belongs.

You promised that you would not make a scene. Go back to your seat."

Fuk-kun says

"I want to play with the toy!"

Nonetheless, his father gently repeats

"Take the plane back to where it belongs, and go back to your seat."

Fuk-kun's father is calmly sitting close to his son, looking directly into his eyes, and quietly repeating himself.

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Fuk-kun suddenly remembers.

Fuk-kun had no choice but to put the toy plane back and return to his seat.

When they had come to the restaurant in the spring, he had not kept his promise; he had run around, stood up on his seat, and not listened to his parents, and he had been taken home without eating any food.

Fuk-kun broke his promise and his parents responded with consistency.

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"Fuk-kun, you did very well", his father praises him.

"You can make a plane out of paper you know" Fuk-kun's mother says.

"Were you bored?" his mother asks him, as she takes some coloured paper (Origami) out of handbag.

Because Fuk-kun has kept his promise his parents are praising him right away.

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Fuk-kun starts to make a plane.

His mother says to him, "You are very good! Shall I make one too?" Working together they are able to make 3 planes.

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Finally the hamburger arrives.
"You are a very good boy for waiting so patiently", his mother praises him.
Fuk-kun takes a big mouthful of the hamburger and happily gobbles it up.

His father is enjoying his steak as well.
Fuk-kun has some sauce on his cheek; his mother gently wipes it off with a tissue.

Again Fuk-kun's parents are praising him for keeping his promise.

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With very full tummies, they leave the restaurant, and go to the park.
"You made paper planes didn't you; why don't we play with them?" Fuk-kun's father says as he takes out the planes which they had made at the restaurant.
"Plane, fly high above the clouds!" Fuk-kun shouts.

Because Fuk-kun kept his promise the family is enjoying their time together as a reward.